



© CSOE, 2012. Tous droits réservés.

Attention. Before I take a medication, I must be sure that I can take it without risk.



I check the instructions on the box or ask for help to be sure.



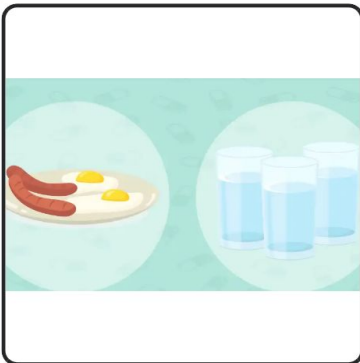
I fill a glass of water



I take the pills out of the box



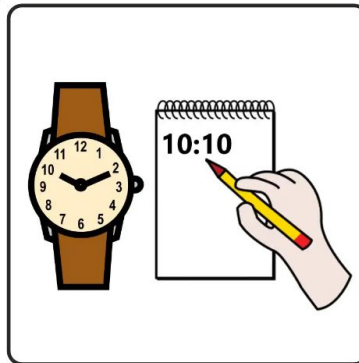
I take a pill



I swallow the tablet easily by taking it with food or water



I have to put the tablet in my mouth and swallow it with water



I need to note the time. It is important if I want to take a pill later